



**SUNDAY 2ND
OCT 2016**

Join us for this breathtaking event with magnificent views.

This popular Exmoor ramble will be an exhilarating and truly memorable event. A 10 mile walk with renowned local wildlife walker Ivan Huxtable on Sunday 2nd October 2016 at 10.30 am in aid of respiratory equipment for the hospital charity Over and Above and North Devon Hospice. The event starts and finishes at Dunkery Gate, Exmoor, OS SS895406.

A delicious meal of fish and chips is available after the event at £5 per head. If you would like this meal, please pay Whiddon Fish and Chips on the day.

Car parking is available on a field at Dunkery Gate, at your own risk. **Please note it is essential you wear suitable clothing and stout footwear on the walk, and be prepared for all weathers.**

Entry and closing date

To take part, simply complete the entry form. We will then send you a map and directions for the event. The closing date for entries is Wed 28th September 2016.

Donation and/or sponsorship

We ask each participant to raise funds either by donation or sponsorship to purchase medical equipment for the hospital charity Over and Above and North Devon Hospice. A sponsorship form is available on www.overandabove.org.uk or by contacting the fundraising team for a copy. You may also want to set up a Virgin Money Giving page by going to www.ukvirginmoneygiving.com and search for Ivan's Exmoor Ramble. All funds raised will be split equally between the two charities. Please bring your completed sponsor form with you on the day to be signed. Cheques should be made payable to "Over and Above" and sent to The Fundraising Team, North Devon District Hospital, Raleigh Park, Barnstaple, EX31 4JB

Further information

If you would like further information about this event please contact the Over and Above Fundraising Team on 01271 311772 or email ndht.charity@nhs.net or the North Devon Hospice Fundraising Team on 01271 347213.



being there for all the family
www.northdevonhospice.org.uk
Registered Charity No. 286354



EXMOOR RAMBLE ENTRY FORM

Please complete this entry form and return to:

Over and Above", North Devon District Hospital, Raleigh Park, Barnstaple, EX31 4JB

Event and location: Meet at Dunkery Gate, Exmoor: OS SS895406.

Date: Sunday 2nd October 2016 at 10.30 am

Please complete this form in BLOCK CAPITALS

Mr/Mrs/Miss/Ms	First name:	Surname:
Age:	Team name (if applicable):	
Address:		
Tel no (daytime):		Tel no (mobile):
Email:	Fish & Chips:	Yes / No
<small>Northern Devon Healthcare NHS Trust Charitable Fund and North Devon Hospice will hold your details and will not pass them onto any other organisation. From time to time we would like to keep in touch with you and inform you of our news and events. If you do not wish to receive unprompted mail from us please tick the first box. <input type="checkbox"/></small> <small>Your photograph may be used for publicity purposes. Please let us know if you do not wish your photograph to be used.</small>		
Group team name (optional):		
Additional Walker 1: Age if under 18: Fish & Chips Yes / No		
Additional Walker 2: Age if under 18: Fish & Chips Yes / No		
Additional Walker 3: Age if under 18: Fish & Chips Yes / No		
Additional Walker 4: Age if under 18: Fish & Chips Yes / No		
How did you hear of this event?		
Do you have a special reason for taking part? If so, can you tell us why?		Yes / No
Do you (or your team) suffer from any medical condition that may affect your ability to take part? If yes, please give details as to why?		Yes / No
Emergency contact name (for individual or team):		Emergency contact tel no (for individual or team):
<small>Anyone under the age of 18 years old must have a completed Parental consent form signed by a parent or legally appointed guardian who must be present at the event. Please sign below:</small>		
Signature of Guardian:		PRINT NAME:
<small>I the undersigned wish to take part in the Over and Above and North Devon Hospice Exmoor Ramble. I understand that I take part at my own risk and I absolve Over and Above (Northern Devon Healthcare NHS Trust Charitable Fund) and North Devon Hospice from any injury or damage to property, caused through my participation. I am over the age of 18. I fully understand that it is a charity event and I will fundraise for the charity to participate.</small>		
Signature:		Date: