

About our charity

The Northern Devon Healthcare NHS Trust Charitable Fund (registered charity number 051463) raises money for equipment and care above and beyond that provided by the National Health Service.

Donations to this charitable fund are used to support wards and services across the Trust. Since it was established in 1995, it has bought buildings and equipment ranging from the new £2.2m Seamoor Chemotherapy & Day Treatment Unit to bladder and eye scanners. Our current Appeal is the **Special Care Baby Unit Appeal** to provide new equipment for our hospital unit which saves the lives of newborn babies and supports those born early and with difficulties.

You can either specify the ward or service you want your donation to go towards, or the donation can go to the general fund. Money in the general fund is used for equipment or projects that have been identified as a priority by staff or patients – such as the current **Special Care Baby Unit Appeal**.

Thanks to the generosity and support of the local community, the charitable fund has made a huge difference to the experience of thousands of patients.

Fundraising Department
North Devon Healthcare NHS Trust Charitable Fund
North Devon District Hospital
Raleigh Park, Barnstaple, Devon, EX31 4JB
Tel: 01271 311772 / Email: ndht.charity@nhs.net

You can follow us and find out more about our events on

 twitter.com/overandaboveNHS

www.overandabove.org.uk

Thank you for being part of it.



Charity 12 hour Dance-a-thon

**Lampard Community School Hall
St Johns Lane, Barnstaple**

**Sunday 10 April 2016
8 am – 8 pm**



Over and above
Your Hospital Charity
supporting the Northern Devon Healthcare NHS Trust
Registered Charity No. 1051463
www.overandabove.org.uk/events

Charity 12 hour Dance-a-thon

Lampard Community School Hall, St Johns Lane, Barnstaple

Get ready to strut your stuff on the dance floor, bust some moves and boogie the night away with our fabulous Dance-a-thon in aid of the Special Care Baby Unit. Don't worry if you have never done it before as a warm up and instructions will be given by Project Dance on the day. If you can't do all 12 hours, don't worry – just do what you can.

All we ask is that you pay a non-refundable £2.50 registration fee. Please make cheques payable to Over and Above - SCBU and send to The Fundraising Team, North Devon District Hospital, Raleigh Park, Barnstaple, EX31 4JB. If you are paying by cash, please take to the Fundraising Team.

Entry and closing date: Your £2.50 registration fee helps cover the cost of staging the event and is non-refundable. This will ensure that the sponsor money you raise will support our Special Care Baby Unit at North Devon District Hospital.

To take part: Simply complete the form opposite and return your registration fee. A sponsorship form is available on www.overandabove.org.uk or contact the Fundraising Team. You may also want to set up a Just Giving page on <https://www.justgiving.com/OverandAbove/> The closing date is the Wednesday before the event.

Sponsorship: The "Over and Above" Dance-a-thon is a sponsored charity dance event and, by taking part, you pledge to raise as much sponsorship as possible - the suggested target is £100 (but whatever you can raise will be much appreciated). The money you raise will be used to purchase much needed equipment to support our sickest and vulnerable babies cared for at North Devon District Hospital.

What to bring with you ... The Dance-a-thon is a 12 hour challenge exercise event. We encourage you to wear dance shoes, trainers or any other footwear you'll be comfy in all day. The colour scheme for the Dance-a-thon is **PURPLE & GREEN**. Whilst the colour scheme is not compulsory, it would be great if you could wear something purple or green – a t-shirt, leg warmers or even a tutu! Also bring a cowboy hat and pom poms! Yes (really!) Project Dance have organised lots of different dance styles – just check out our website for details. Also bring warm clothing to wear after the event. After all that dancing, you might want to arrange for someone to collect you.

Further information

If you would like further information about this event or the Northern Devon Healthcare NHS Trust Charitable Fund "Over and Above", please contact the Fundraising Team on 01271 311772 or email ndht.charity@nhs.net.



DANCE-A-THON REGISTRATION FORM



Please complete this entry form and return with your entry fee.

Event and location: Charity Dance-a-thon, Lampard Community School, Barnstaple
Date: Sunday 10 April 2016, 8am – 8 pm.

Please complete this form in **BLOCK CAPITALS**

Mr/Mrs/Miss/Ms	First name:	Surname:
DOB:	Team name (if applicable):	
Address:		
Tel no (daytime):		Tel no (mobile):
Email:		
Over and Above will hold your details and will not pass them onto any other organisation. From time to time we would like to keep in touch with you and inform you of our news and events. If you do not wish to receive unprompted mail from us please tick the first box. <input type="checkbox"/> I give consent for my photograph to be used for publicity purposes please tick the second box. <input type="checkbox"/>		
How did you hear of this event?		
What is your employer's name?		
Do they offer a matched fundraising scheme?		Yes / No
Do you have a special reason for taking part? If so, can you tell us why?		Yes / No
Do you suffer from any medical condition that may affect your ability to take part in the Sponsored Dance-a-thon? If you have answered yes, please give details as to why?		Yes / No
Emergency contact name:		Emergency contact tel no:
Applicants under the age of 18 years old must have a completed Parental consent form signed by a parent or legally appointed guardian. Please sign below: Insurance is covered by Project Dance.		
Signature of Guardian PRINT NAME:		
I the undersigned wish to take part in Over and Above's Dance-a-thon. I understand that I take part at my own risk and I absolve Over and Above, Project Dance and Lampard Community Hall from any injury or damage to property, caused through my participation. I am over the age of 18. I fully understand that it is a sponsored event and I will raise funds in aid of the Special Care Baby Unit Appeal.		
Signature:		Date:
I enclose my £2.50 non-refundable entry fee:		Cheque/Cash