

EXMOOR RAMBLE ENTRY FORM

Please complete this entry form and return to **Over and Above (details overleaf)**

Event and location: Meet at Hinam Farm, Dulverton. TA22 9QQ. OS Ref SS884291

Date: Sun 27 September 2015 at 10.30am

Please complete this form in **BLOCK CAPITALS**

Mr/Mrs/Miss/Ms:	First name:	Surname:
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Age:	Team name (if applicable):
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Address:

Tel no (daytime):	Tel no (mobile):
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Email:

North Devon Healthcare NHS Charitable Fund and North Devon Hospice will hold your details and will not pass them onto any other organisation. From time to time we would like to keep in touch with you and inform you of our news and events. If you do not wish to receive unprompted mail from us please tick the first box. ☐

I give consent for my photograph to be used for publicity purposes please tick the second box. ☐

Group team name (optional):			
Additional walker 1: _____	age if under 18 ____	Stew	Yes / No
Additional walker 2: _____	age if under 18 ____	Stew	Yes / No
Additional walker 3: _____	age if under 18 ____	Stew	Yes / No
Additional walker 4: _____	age if under 18 ____	Stew	Yes / No

How did you hear about this event?

Do you have a special reason for taking part? If so, can you tell us why?	Yes / No
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Do you (or your team) suffer from any medical condition that may affect your ability to take part? If yes, please give details as to why?	Yes / No
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Emergency contact name (for individual or team):	Emergency contact tel no (for individual or team):
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Anyone under the age of 18 years old must have a completed parental consent form signed by a parent or legally appointed guardian who must present at the event. Please sign below:	
Signature of guardian:	PRINT NAME:

I the undersigned wish to take part in the Over and Above and North Devon Hospice Exmoor Ramble. I understand that I take part at my own risk and I absolve Over and Above (the Northern Devon Healthcare NHS Charitable Fund) and North Devon Hospice from any injury or damage to property, caused through my participation. I am over the age of 18. I fully understand that it is a charity event and I will fundraise for the charities to participate.

Signature:	Date:
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**SUNDAY 27
SEPT 2015**

Join us for this breathtaking event with magnificent views.

This popular Exmoor Ramble will be an exhilarating and truly memorable event. A 10 mile walk with renowned local wildlife walker Ivan Huxtable on Sunday 27th September at 10.30am in aid of 'Over and Above' for cardiology equipment and North Devon Hospice. The event starts and finishes at Hinam Farm, Dulverton, TA22 9QQ. OS Ref SS884291. Blakes Coaches are providing free transport to the start.

A delicious meal of stew and dumplings is available after the event at £5 per head. If you would like this, **you must book in advance**, with your entry. Please pay Hinam Farm direct on the day.

Car parking is available on a field at Hinam Farm, Dulverton. TA22 9QQ. **Please note it is essential you wear suitable clothing and stout footwear on the walk, and be prepared for all weathers**

Entry and closing date

To take part, simply complete the entry form. We will then send you a map and directions for the event. The closing date for entries is Wednesday 23rd September 2015.

Donation and/or sponsorship

We ask each participant to raise funds either by donation or sponsorship to purchase cardiology equipment for the hospital charity "Over and Above" and North Devon Hospice. A sponsorship form is available on www.overandabove.org.uk or by contacting the fundraising team for a copy or at www.northdevonhospice.org.uk. You may also want to set up a Virgin Money Giving page by going to www.ukvirginmoneygiving.com and search for 'Ivan's Exmoor Ramble.' All funds raised will be split equally between charities. Please bring your completed sponsor form with you on the day to be signed. Cheques should be made payable to Over and Above and sent to The Fundraising Team, North Devon District Hospital, Raleigh Park, Barnstaple, EX31 4JB.

Further information

If you would like further information about this event please contact the Over and Above Fundraising Team on 01271 311772 or email ndht.charity@nhs.net or hospice fundraising team on 01271 347213 or email emmalowe@northdevonhospice.org.uk.

Free transfer to start courtesy of



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