

What's on June 2023

Date	Time	Activity
Thursday June 1	TBA	Bra fitting clinic. Booking required
Thursday June 1	2-4pm	'Starting Out' session. Booking required
Monday June 5	1.30pm and 2.45pm	Yoga. Booking required (limited 8 per session)
Tuesday June 6	1.30pm - 3.00pm	Creative writing. Booking required
Thursday June 8	10am to 11.30am	Coffee morning. No booking required
Thursday June 8	2-4pm	'Starting Out' session. Booking required
Friday June 9	2-4pm	Still life drawing. Booking required
Tuesday June 13	2-4pm	Haematology support group
Weds June 14	10.30am-12.30pm	Energies workshop. Booking required
Thursday June 15	1.30pm and 2.45pm	Yoga. Booking required (limited 8 per session)
Thursday June 15	10am-12noon	'Starting Out' session. Booking required
Thursday June 15	TBA	Wig fitting service. Booking required
Friday June 16	2-4pm	Colour Therapy. Booking required
Monday June 19	1.30pm and 2.45pm	Yoga. Booking required (limited 8 per session)
Thursday June 22	2-4pm	'Starting Out' session. Booking required
Weds June 21	10-11.30am	Gynaecology support group
Friday June 23	2-4.30pm	Collage workshop. Booking required
Monday June 26	1.30pm and 2.45pm	Yoga. Booking required (limited 8 per session)
Monday June 26	11am-12.30pm	Laryngectomy support group
Weds June 28	6-8pm	Singing club. No booking required
Thursday June 29	2-4pm	'Starting Out' session. Booking required
Friday June 30	10.30am-12noon	Secondary breast support group

Our cancer health and wellbeing centre at North Devon District Hospital is open Monday to Friday, 9am-4.30pm. For more information about the centre and the services available, call us on 01271 311 855, visit our website overandabove.org.uk/fern-centre or scan here



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