Request form to be completed and returned to the Fern Centre Manager’s office or email to [ndht.theferncentre@nhs.net](mailto:ndht.theferncentre@nhs.net)

This request is for information leaflets only. If you would like some more information about services available in the Fern Centre please contact us on 01271 311 855 or [ndht.theferncentre@nhs.net](mailto:ndht.theferncentre@nhs.net) or visit the Fern Centre website

Information leaflets will be posted out within 5 working days of the request.

Date of Request \_\_­­\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Details of who information is to be sent to:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Title:**  (please circle appropriate) | Mr Miss Mrs Ms | **Address to send information:** |  |
| **Name:** |  |
| **Age + D.O.B:** |  |
| **e-mail address:** |  | **Post Code:** |  |
| **Home Telephone:** |  | **Mobile:** |  |
| **Is this person the patient? (please circle)** | Yes/No | **If no are they (please circle)** | Family member/ Carer |

**Information requested (please tick all information required)**

Diagnosis Information (please specify diagnosis)

Treatment Information

Surgery

Chemotherapy

Radiotherapy

Ask About Your Cancer Treatment

Making Treatment Decisions

Side Effects of Treatment

Your Support and Follow Up Care

Guide for People with Cancer and Dementia

Side Effects Support

Coping with Hair Loss

Coping with Fatigue (tiredness)

Managing Weight Gain after Treatment

Managing Breathlessness

Managing Cancer Pain

Bone Health

Health and Wellbeing

Holistic Needs Assessment information: Planning Your Care & Support

Cancer and Complementary Therapies

Heart Health Guide

Heart Health and Cancer Treatment

Physical activity and Cancer

Move More: Guide to Becoming More Active

Body Image, Intimacy and Fertility

Body Image and Cancer

Cancer and your Sex Life

Cancer and Fertility – Information for Woman

Cancer and Fertility – Information for Men

Feel more like you

Food and Nutrition

Eating Problems and Cancer

Recipes for People Affected by Cancer

Healthy Eating and Cancer

The Building-Up Diet

Family/ Carer Support Information

Looking After Someone with Cancer

Be There for Someone Facing Cancer

Working While Caring for Someone with Cancer

Cancer and Dementia: A Guide for Carers

Practical Advice

Travel and Cancer

Help with Cost of Cancer

Financial Guidance: Insurance

Financial Guidance: Pensions

Managing Energy Costs

Managing your Debt

Planning and Managing your Finance

Questions about working when you have Cancer

Questions to Ask About Work and Cancer

Housing Costs

Sorting Out Your Affairs

Speaking to Children

Talking to Children and Teenagers when an Adult has Cancer

Preparing a child for loss

Moving on After Cancer

Life after Cancer Treatment

Your feelings after Cancer

For Office Use Only:

Date request received \_\_\_\_/\_\_\_\_/\_\_\_\_

Date Information posted \_\_\_\_/\_\_\_\_/\_\_\_\_