



YOUR SCRUMPTIOUS MENU

A special BIG thank you to our sponsors, landowners and supporters to enable this event to happen.

1 REGISTRATION & START: Beach Field Car Park

First, you will be given a refreshing bottle of **Tarka Springs Water** to take with you on the trail. <http://www.tarkasprings.co.uk/> and **Webbers Estate Agents** will offer you a taste of **Mrs Smudgers Kitchen's** scrumptious **delicious flapjacks**. <http://www.mrssmudgerskitchen.co.uk/>

2 CROYDE VILLAGE HALL:

At the village hall you will enjoy **Stapleton Farm's creamy yoghurt**. Great Taste Award Winners <http://www.stapletonfarm.co.uk/> with **Midfields luxury hand baked Granola**. Great Taste Gold Winners <https://midfieldsgranola.co.uk/>

3/4 BILLY BUDDS:

At this popular village pub you will have a scrummy scrumptious surprise!

5 DOWN END BEACH:

On the coast path overlooking Down End Beach enjoy a sample of **Peck & Strong brownies or flapjack** <http://peckandstrong.co.uk/> and **Freshly brewed tea** supplied by the **Drop-in Café** <http://parkingcroyde.com/> and **Hawkridge Farmhouse Dairy Products** <https://hawkridge.uk.com/>

6 SAUNTON COURT:

Have a treat of **Delicious honey** supplied by **Quince Honey Farm** <https://www.quincehoneyfarm.co.uk/>

7 LONG LANE:

Enjoy **Fresh bread** supplied by **Red Dog Artisan Bakery** <http://reddogbakery.co.uk/> with tasty **Plaistow Smoked trout pate** from Muddiford (01271 850387) or tasty **hummus** supplied by **Naked Kitchen** <http://www.nakedkitchen.co.uk/>

Just before you reach the Rock Inn you will get a drink of Squash provided by the residents at their Longland Lane's street party. Give them a wave and dodge their water pistols!

8 THE ROCK INN:

The Rock's famous delicious **soup made from freshly cut spears of asparagus** from Braunton Great Field supplied by local farmer David Hartnoll will be served at <http://therockinn.biz/> with a refreshing drink.

9 KINGS ARMS, GEORGEHAM:

Here at the the Kings Arms you will have a scrumptious surprise. Yummy!!!

10 PICKWELL BARN:

Stop here for a refreshing drink of water, a scrumptious **East West Bakery** scone <https://eastandwestbakery.co.uk/> spread with delicious **Waterhousefayre Jam** <https://www.waterhousefayre.co.uk/>

11 PICKWELL PLATEAU:

Local cheeses will be offered here by Award winning **Taw Valley Creamery** <http://www.arlacheese.co.uk/creamery/taw-valley/> and a surprise guest cheese maker, washed down with a truly *scrumptious taste of Green Man Cider* from apple orchards in Somerset and North Devon <http://www.greenmancider.co.uk/>

12 PUTSBOROUGH GRASS VERGE:

Taste delicious meringues from **West Country Meringues** <http://www.westcountrymeringues.co.uk/> with locally **South Devon Chilli Farm Chilli Chocolate**- yum ... <https://www.southdevonchillifarm.co.uk/> and Willie's Chocolate Cacao <https://www.williescacao.com/> and Nanny's fudge sauce <https://www.facebook.com/nannysfudgesauce/>- yummy!

13 NATIONAL TRUST:

At the National Trust's **Sandleigh Tea Room & Gardens** you will be offered tasty **scrumptious something** ... you are now on your last leg back. <https://www.nationaltrust.org.uk/baggy-point/features/eating-and-shopping-at-baggy-point>

14 FINISH (back at the start): BEACH FIELD CAR PARK:

At the scrumptious end, you will receive a packet of delicious **BURTS hand cooked potato chips** www.facebook.com/BurtsChips and a lovely **Marsden's** goodie bag. **Oh what a scrumptious day ...**

Afterwards just sit, chill and relax! If you would like to purchase some of the *scrumptious* produce you tasted along the trail, just pop into the **www.orchardsfarmshop pop-up shop** at the finish or pop into their shop at St John's Garden Centre in Barnstaple. <http://www.stjohnsgardencentre.co.uk/> or purchase a bottle or two of **Green Man Cider** from apple orchards in Somerset and North Devon <http://www.greenmancider.co.uk/>

Please note the produce, the supplier and/or location listed may vary at the event.

Thank you for being part of it.