



Jim Bray left his role as a communications manager for the Northern Devon Healthcare NHS Trust in May 2016 and is walking 630 miles along the entire South West Coast Path this summer.

The epic 56-day walk, starting at Minehead on Friday 10 June and finishing at Poole Harbour on Thursday 4 August, will raise money for the Seamoor Unit at NDDH and local cancer charity FORCE. Jim is charting his journey with a daily photo diary.



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Get involved | Walk a section of Jim's Journey | Organise your own walking challenge | Photograph yourself with a Jim's Journey banner | Donate a prize

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